



HED TKD

TAE KWON-DO SCHOOLS

GRADING INFORMATION 2nd DAN BLACK BELT

PRACTICAL

Basics & combinations from all Patterns & Set sparring from all previous syllabus	
Choice coloured belt pattern(s)	Set coloured Belt Pattern(s)
Black belt patterns (Ko Dang, Eui Am, Chung Jang)	Advanced Breaking (H & F)
All Set Sparring (One step to includes locks & take downs)	Free Sparring

NEW TERMINOLOGY

Ko Dang (39 moves)

Ko Dang is the pseudonym of the patriot Cho Man Sik who dedicated his life to the Korean Independence Movement and the education of the Korean people. The patterns 39 movements signify his periods of imprisonment and his birthplace on the 39th parallel.

Downward Straight Elbow	Naeryo Sun Palkup
Downward Block	Naeryo Magki
Twin knife hand strike	Sang Sonkal Taerigi
Downward punch	Naeryo Jurigi
Crescent kick	Bandal Chagi
Crosscut flat fingertips	Opun Sonkut

Eui Am (45 Moves)

Eui Am is the pseudonym of the patriot Son Byong Hi who was the leader of the Korean Independence Movement on March 1st 1919. The patterns 45 movements relate to his age when he changed the name of the religious sect known as *Dong Hak* (Oriental Culture) to *Chondo Kyo* (Heavenly Way Religion) in 1905. The patterns movement plan symbolises his indomitable spirit displayed while dedicating himself to the prosperity of his nation.

X fist downward block	Kayocha Joomuk Naeryo Magki
Double palm downward Block	Doo Euhkallin Sonbadak Naeryo Magki
Crescent punch	Bandal Jurigi
Low Reverse Knife Hand Inward Block	Anero Sonkal Dung Najundi Magki

Chung Jang (52 Moves)

Chung jang is the pseudonym of General Kim Duk Ryang of the Yi dynasty who lived during the fifteenth century. The pattern ends with a left handed attack intended to symbolise the Generals death in prison at the age of just 27.

Double fingertip thrust	Doo Songarak Tulgi
Body Dropping	Mom Nachugi
Back Hand Downward strike	Sondung Naeryo Taerigi
Horizontal Knife Hand Strike	Soopyong Sonkal Taerigi
Arc Hand Strike	Bandal Son taerigi
Fore knuckle fist	Inji Joomuk